

# The Slate

## Hello!

Our kids are amazing! They are both resilient and optimistic- supported by a wonderful community. At the moment it is challenging to find the silver lining for the situation in which we find ourselves. COVID fatigue is setting in for everyone. On page 3, you will find a page of various supports that are available to adults and children that may be of interest/help.

The Department of Education and Training have provided guidelines to schools, stipulating that Flexible and Remote Learning programs should be completed in about 3 hours each day. This gives plenty of time then for students to do other things- cooking, gardening, nature walks, bike rides, constructing, etc. Some days you'll finish work and tick off your list of things to do... other days you'll need to snuggle under a blanket, enjoy a cuddle with loved ones and perhaps a good book. Hang in there and please contact us as you need.

## ORIMA Parent/Caregiver/Guardian Survey

Last chance for the annual ORIMA Parent/Caregiver/Guardian Survey! We have had seven families complete the survey and we very much appreciate this feedback to inform and direct future school planning and improvement strategies.

An email has been sent out to all families a couple of times now, if you'd like to complete the survey, but need the e-mail re-sent, please contact us. Surveys close August 31.

## NAPLAN results

Our NAPLAN results (from testing in May) are expected to arrive some time next week for our Grade 3 and 5 students. These will be sent home with accompanying information to best interpret the results of your child's testing.

## Book Week Celebrations

The CBCA Book Week celebrations are occurring in a modified way this week. We are reading the short-listed picture books and completing other tasks related to Book Week.

The juniors are making masks of their favourite book character and showing them on Friday morning's meeting.

We know many students (and families) had made grand plans for our dress-up day this week, so once we are on-site again, we will aim to re-schedule.

Anzac Road  
PO Box 21 Springhurst 3682  
PH: 0357265291  
Email:  
[springhurst.ps@education.vic.gov.au](mailto:springhurst.ps@education.vic.gov.au)

BSB: 063-531  
Account Number: 10088975  
Account Name: Springhurst  
Primary School  
[www.springhurstps.vic.edu.au](http://www.springhurstps.vic.edu.au)

## FOR YOUR DIARIES

### Term Dates 2021

Term 1: 27 Jan – 1 Apr  
Term 2: 19 Apr – 25 Jun  
Term 3: 12 Jul – 17 Sep  
Term 4: 4 Oct – 17 Dec

### School Council Meeting

Tuesday 7 September @  
5.30pm

### Curriculum Day

Monday 1 November

### Melbourne Cup Holiday

Tuesday 2 November

Where is  
everyone?

**PRINCESS**

*at work this week...*





Enrolments for 2022 are open and we already have a handful of Foundation students enrolled which is very exciting!

Unfortunately, school tours are unable to be conducted on-site at this time, but we are keen to answer questions and tell you all about our great little school.

We are beginning to forecast our enrolment for the next year to make tentative plans for 2022, so if you know of anyone that is thinking of enrolling, please tell them to give us a call 😊

SCOUTS & SCHOOLS  
**MONSTER RAFFLE**



**1st**  
2021 Suzuki Vitara  
1.6L VVT Automatic  
Valued at \$28,990  
(incl. on-road costs)

**2nd**  
Gold Coast Family Holiday  
for four, accommodation  
for five nights, flight  
vouchers included  
valued at \$2,955

**3rd**  
Microsoft Surface  
Go Lite  
Valued at \$1,400

**\$2**  
Per ticket

**Over 100 prizes to be won!**

Including a car, family holiday, a Surface Go Lite, holidays, bikes, tents, wireless speakers, headsets and a selection of lifestyle vouchers.

**Help young people in your local community.**

[www.scoutsvictoria.com.au](http://www.scoutsvictoria.com.au)



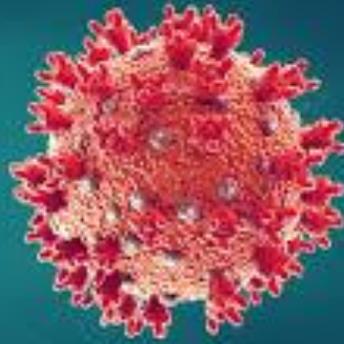
1st Rutherglen Scout Group  
[scoutsvic.raffletix.com.au/1strutherglen](http://scoutsvic.raffletix.com.au/1strutherglen)



# Little Learning MOMENTS



# COVID Supports



**There are a number of supports available to families and the public in general. We have compiled some that we are aware of below.**

- Melbourne University are presenting a free online panel discussion titled: Tips to help families cope during Lockdowns, on August 30, 8pm to 9pm.

This webinar is for parents and carers and their families, and professionals working with families who are keen to learn more about how to handle mental health challenges, wellbeing and motivation in these challenging times. There will be a chance for audience questions at the end of the discussion. The panel includes a range of adolescent and community health experts and parents.

See more at: [Events / Tips to help families cope during lockdowns \(unimelb.edu.au\)](https://www.unimelb.edu.au/events/tips-to-help-families-cope-during-lockdowns)

## Mental health services and supports available during COVID-19

- **HeadtoHelp** is for Victorians of all ages who want to take the first steps towards finding the mental health and wellbeing support that's best for them.
- **Life in Mind** has established a [webpage](#) with a list of mental health resources dedicated to mental health supports during COVID-19.
- The **Federal Government** maintains the [Head to Health website](#) which was developed by people with lived experience, and contains updated info on COVID-19 while acting as a portal for digital mental health resources.
- [Targeted information and mental health supports for specific groups](#)
- The **Department of Health** has specific [information for people with disabilities](#) and a **COVID-19 Disability Information Hotline** is also available on **1800 643 787**.
- The **National LGBTI Health Alliance** has a [central resource](#) for diverse *LGBTI* community members.
- **Eating Disorders Victoria** has [information](#) for people effected by *eating disorders* in relation to COVID-19.
- **Emerging Minds** has [resources](#) to assist *parents and carers* to have healthy conversations with children about COVID-19.
- **SBS** has COVID-19 health and mental health information in [languages other than English](#).
- **ReachOut** have a [webpage](#) with mental health resources for *young people*.
- [Tips and advice to support better mental health during COVID-19](#)
- The **Australian Psychological Society** has an [information sheet](#) on how to cope with anxiety at this time.
- The **Black Dog Institute** has a range of [resources](#) for anxiety, stress and wellbeing related to COVID-19.
- **Beyond Blue** has put together these [tips](#) to look after your mental health during the outbreak.
- **RUOK?** has [tips](#) about looking out for family members or friends who are struggling.
- **Phoenix Australia** has [tips](#) for caring for yourself and your family.
- The **National Mental Health Commission** is inviting everyone to join in the national conversation with the hashtag [#InThisTogether](#) – share practical tips online to support the mental health and wellbeing of Australians during COVID-19.

# August/September

| Sunday | Monday | Tuesday                                      | Wednesday | Thursday   | Friday                    | Saturday |
|--------|--------|--|-----------|--|---------------------------|----------|
| 22     | 23     | 24   | 25        | 26<br>Jacob-<br>training with<br>LOOKOUT             | 27                        | 28       |
| 30     | 30     | 31   | 1 SEPT.   | 2<br>Louise-<br>virtual<br>Principal's<br>Conference | 3                         | 4        |
| 5      | 6      | 7<br>School<br>Council<br>meeting,<br>5:30pm | 8         | 9  | 10                        | 11       |
| 12     | 13     | 14   | 15        | 16   | 17<br>Last day of<br>term | 18       |

## The Terry Floyd Foundation presents the Annual

Terry Floyd Fundraising Event  
Wear A Ribbon For Terry Day  
Monday June 28th  
\$2 per ribbon



On Monday, June 28, the Terry Floyd Foundation will hold its Annual Wear A Ribbon For Terry Day. On the anniversary of the disappearance of 12 year old Terry Floyd we ask you to wear a ribbon in honour of his memory. This event is designed to raise awareness and money for children who may be socially and economically disadvantaged, due to varying circumstance, to live safer and fuller lives. Our organisation is committed to building brighter futures for kids through our programs and initiatives. All proceeds go directly to the Terry Floyd Foundation. Donations welcome.

-  Terry Floyd Foundation
-  Terry Floyd Foundation
-  [www.terryfloydfoundation.org.au](http://www.terryfloydfoundation.org.au)

We are selling these blue ribbons to support the Terry Floyd Foundation and the amazing work they do in support of small rural schools! The Ribbons are \$2 each and can be purchased from the office. All proceeds for the sale of the Ribbons will go directly to the Terry Floyd Foundation. This Foundation has kindly donated money towards our Grade 5/6 camp. We look forward to your support.